

DeMores October Menu 2021

4th: Pulled Pork Sandwich, Onion Rings, Baked Beans, Corn, Pineapple

5th: Chicken Noodle Soup, Breadsticks, Mixed Vegetables, Grapes

6th: Spaghetti with Meat Sauce, Carrots, Pears

7th: Tater Tot Hotdish, Whole Grain Buns, California Blend, Peaches

11th: Chicken Nuggets, Mac and Cheese Bites, Green Beans, Mixed Fruit

12th: Meatloaf, Baby Baker Potatoes, California Blend, Pineapple

13th: Cowboy Casserole, Whole Grain Buns, Corn, Oranges

14th: Beef Stroganoff, Noodles, Carrots, Applesauce

18th: Au Gratin Potatoes with Diced Ham, Peas, Tropical Fruit

19th: Taco or Taco Salad, Corn, Peaches

20th: Chicken Parmesan on Whole Grain Noodles, Broccoli, Oranges

25th: Pancakes, Sausage Links, Cinnamon Apples

26th: Chili, Breadsticks, Carrots, Oranges

27th: Chicken Alfredo, Whole Grain Noodles, Broccoli, Applesauce

28th: Hamburger, Whole Grain Buns, Hash Browns, Baked Beans, Corn, Mixed Fruit

29th: Sweet and Sour Chicken, Rice, Peas, Pears